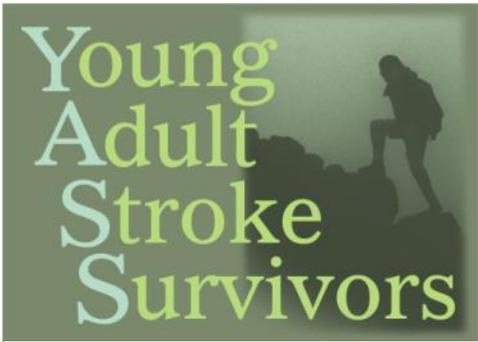


Sun 20 Nov 2016

A nice turnout for our Thanksgiving-week meeting. Thanks to everyone!



NEW FACES

- Emily LaRoche
- Abel Cordova

Great to see you new folks! I hope you can come again.

SHARING AND HELPING, YASS STYLE

Sometimes a support group's just gotta be a support group. Thanks to everyone for sharing your personal achievements and challenges, for listening, and for helping your friends. Recovering from stroke and regaining your life doesn't have to be lonely. Other people know what you're going through – we've been there and we can help.

GREETINGS FROM THE OSWALDS

YASS old-timers Tim and Sandi say hello from Arizona where they are doing well. Tim is in assisted living and Sandi is working on transferring him closer to home. They send their regards to their old friends in YASS.

SAD NEWS

Harold Hansen, long time YASS member, has died of kidney failure. His son Rich tells me it was peaceful, with his wife Christina at his side. I will send information about a memorial service when it has been set up. Our condolences to Christina and Rich. If you want to give Christina a call, she can be reached at 206-362-4550.

SHAPE THE FUTURE OF APHASIA RESEARCH

If you would like to help shape the future of aphasia research, you can chip in by phone on December 5 or email any time before December 12 at NIDILRRfuture@acl.hhs.gov. Phone number, access code, and details can be found at <http://bit.ly/2e2fCnH>.

AARP CYBER FRAUD TRAINING

Concerned about scams and security on your home computer? The AARP is hosting a Cyber Fraud training class on Tuesday December 6, 9:00 AM – noon, at the AARP WA Conference Room, 18000 Int'l Blvd, Suite 1020, in SeaTac. Light refreshments will be served. Please RSVP by December 2 if you are interested to lscott@aarp.org or 206-517-9353.

MEETING SNACKS

Feel free to help out Kay Anne by bringing snacks! Everyone loves a cookie (or a carrot).

TANGO STRIDE

Gabriela Condeira, who spoke to us about her TangoStride program (was NeuroTango) last May, has formed a fundraising non-profit to provide her program at low cost to those who need it. She has been featured in the Seattle Times, and several of our members have participated in the program. She's doing great work, and you can find out more and contribute to HugsThatEmpower at <http://tangostride.com/>.

BACK TO NORTHWEST HOSPITAL?

The majority opinion yesterday was to move back to Northwest Hospital for our meetings, if we can. They have to schedule well in advance so 2018 is probably the earliest we could do that, but I will look into it. Let me know if you have any strong opinions on the subject.

OCCASIONAL HOUSEKEEPING HELP NEEDED

YASS member Mike Tran could use some low-cost occasional housekeeping help in the Issaquah area. He's one of our younger members, who had a pretty severe stroke while in college. He's raising his school-age daughter and needs some help. Can you pitch in or make some suggestions? Contact Mike's care manager Judy Najavits at 425-313-5561 or Judith.Najavits@swedish.org.

CUTTHROAT CHRISTMAS

Not two words you often see together, are they? Well, by popular demand the YASS Cutthroat Gift Exchange is back for our Holiday Party next month. Bring a small gift to participate (\$5 - \$10), and don't get too attached to whatever you get! It's liable to be swiped. Details on the party, potluck, and gift exchange will be in next month's meeting announcement. The party day will be December 17, same as our regular meeting day, and we'll be at our regular meeting place (Provail BrainWorks). See you there!

Have a great Thanksgiving y'all, and we'll see you at the Holiday Party next month.

Gerrit -- SeattleYASS@gmail.com -- 206-241-7693 (see our website at SeattleYASS.weebly.com)