



Sun 22 Jan 2012

A great turnout yesterday, despite the inclement weather, and an excellent meeting. Thanks to all of you who make our group such a great place for friendship, resources, and support!

NEW FACES

- Tom and Pam Haines
- Scott and Michelle Shipley
- ??

I know there were a couple other newcomers, but I wasn't able to get their names. I sure miss Stan and Jan when they aren't there to meet the newcomers! They sent a picture of how snowed in they were, though, so we'll let them off this time. :-)

MIKE SIAS: SCHOLARSHIP OPPORTUNITIES

Mike is pursuing his dream to open his own bakery, and has discovered scholarship help for the disabled from a state agency called the Division of Vocational Rehab (DVR). Mike is attending Renton Technical College with his tuition and books paid for by DVR. This is a terrific opportunity for furthering your education or changing careers. Mike recommends that you talk to a counselor at your school of choice. They can connect you with the DVR, who will pay the school and a local textbook retailer directly on your behalf. Learn more about the DVR at <http://www.dshs.wa.gov/DVR/> or 800-637-5627. Thanks to Mike for this valuable information, and kudos for following your dream!

APHASIA COUNSELORS?

I have been asked about counselors or psychologists who are experienced with aphasia patients. If you know of anyone like this, please let me know so I can pass the information along.

SUMMER DAY TRIP

Dianne and Laura Cubell are organizing another day trip by Greyhound, this time to Washington Pass in the North Cascades. See http://ncwportal.com/okanogan/interest/washington_pass_overlook for some pictures and details about this lovely spot. The trip will be in August, not June as was previously announced. Tickets are \$50, lunch included, or you can buy raffle tickets for a pair of seats & lunches for \$5/ticket. Dianne will draw the winner's name at our next meeting. Contact her at 206-726-1799 if you'd like to buy seats or raffle tickets for this beautiful trip.

HOUSEHOLD HELP NEEDED

Andrew Malm's mother asked about household help, such as cleaning, vacuuming, laundry, etc. Someone suggested Visiting Angels. Any other suggestions out there? If you can recommend someone in the Seattle area, please contact Andrew at andrew.malm@gmail.com or 206-321-0966.

EASTSIDE SUPPORT GROUP

Bert DePaoli and Gus Lampard attend the Eastside Stroke Support group and recommend it for Eastsiders. Gene Melnick leads this group, and he can be contacted at genemelnick@comcast.net.

THE TRUE MEANING OF YASS

But enough of all this business stuff. Most of the meeting yesterday was taken up with people sharing their stories, lending advice, and sharing philosophy. New folks introduced themselves and told their stories, and old timers shared their experiences and their strength. There is a lot of love and a lot of hard-won wisdom in our group, folks, and it is truly heartwarming to feel it and share it.

SAVE A STAMP, SAVE A TREE

Please let me know if you want to go email only and opt out of receiving group mailings by postal mail. Help reduce the burden on the American Heart Association, which does our mailings for us. Let me know (contact info below).

Thanks to everyone for a great meeting. See you next time!

Gerrit SeattleYASS@gmail.com 206-241-7693 (see our website at www.SeattleYASS.weebly.com)