



Navigate insurance intricacies
with the

Young Adult Stroke Survivors

Saturday, Apr 21, 2018

1:00 – 3:00

Provail/BrainWorks

12700 Aurora Ave. N, Seattle

206-457-4841

This Month

Catherine McGuire from SHIBA

SHIBA, Statewide Health Insurance Benefits Advisors, is a state agency which provides free, unbiased and confidential help with Medicare and health care choices.

Come learn how to take advantage of this great social service!

Driving Directions to the Provail/Brain Works meeting site:

1. From I-5 northbound: take the NE 130th St exit and head westbound on NE 130th.
2. From I-5 southbound: take the NE 145th St exit and head westbound on NE 145th.
3. Turn left (south) onto Aurora Ave. N.
4. At N 127th St. use the left-turn lane to turn left into the Provail / FastSigns lot. We are in the 12700 building, north of the parking lot, in the same building as FastSigns.
5. Wheelchair vehicles use the upper lot, others the lower. Entry is from the upper lot – look for YASS signs.

CAREGIVERS

A UW-sponsored caregivers group meets at 1:30 in the next room, so caregivers are welcome to attend either meeting (or both).

OUR LIBRARY

Our librarian Duane Retel will have all our materials at the meeting for you to browse and borrow. Contributions are welcome!

As usual, coffee and beverages will be served, and a variety of tasty snacks.

Need to contact me? Bill Monroe 206-931-3117 or SeattleYASS@gmail.com

See our website at www.SeattleYASS.weebly.com