



Tango in the New Year with the

## **Young Adult Stroke Survivors**

**Saturday, Jan 20, 2018  
1:00 – 3:00**

Provail/BrainWorks  
12700 Aurora Ave. N, Seattle  
206-457-4841

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This Month

### **Gabriela Condrea from Tango Stride**

will tell us the latest on her program which uses music, movement and tango-inspired hugs to help even people who can barely stand "Dance to Walk".

Come hear about this exciting program!

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#### **Driving Directions to the Provail/Brain Works meeting site:**

1. From I-5 northbound: take the NE 130<sup>th</sup> St exit and head westbound on NE 130<sup>th</sup>.
2. From I-5 southbound: take the NE 145<sup>th</sup> St exit and head westbound on NE 145<sup>th</sup>.
3. Turn left (south) onto Aurora Ave. N.
4. At N 127<sup>th</sup> St. use the left-turn lane to turn left into the Provail / FastSigns lot. We are in the 12700 building, north of the parking lot, in the same building as FastSigns.
5. Wheelchair vehicles use the upper lot, others the lower. Entry is from the upper lot – look for YASS signs.

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#### **CAREGIVERS**

A UW-sponsored caregivers group meets at 1:30 in the next room, so caregivers are welcome to attend either meeting (or both).

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#### **OUR LIBRARY**

Our librarian Duane Retel will have all our materials at the meeting for you to browse and borrow. Contributions are welcome!

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As usual, coffee and beverages will be served, and a variety of tasty snacks.

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*Need to contact me? Gerrit Barrere 206-241-7693 or [SeattleYASS@gmail.com](mailto:SeattleYASS@gmail.com)*

*See our website at [www.SeattleYASS.weebly.com](http://www.SeattleYASS.weebly.com)*